

STARTERS

<i>Deep fried squid strips with a sweet chilli dip</i>	<i>£ 5.25</i>
<i>Hummus, warm pitta and balsamic dipping oil</i>	<i>£ 5.45</i>
<i>Homemade smoked haddock and leek chowder with crusty bread</i>	<i>£ 6.95</i>
<i>Chicken liver and mushroom terrine, apple chutney and toast</i>	<i>£ 5.95</i>
<i>Moroccan falafel salad, roasted red pepper vinaigrette and toasted pumpkin seeds</i>	<i>£ 5.95</i>
<i>Plaistow Mills cold smoked trout, horseradish crème fraiche and salad garnish</i>	<i>£ 6.45</i>
<i>Crumbed brie wedges with a pea shoot salad and chilli jam</i>	<i>£ 6.45</i>

MAINS

<i>Lamb shank cooked in a rich Guinness gravy, with creamy mash and seasonal vegetables</i>	<i>£15.95</i>
<i>West country 8oz rib eye, wild mushroom & tarragon sauce, fondant potato & tender stem broccoli</i>	<i>£19.95</i>
<i>Pan fried fillet of seabass with a crab & samphire risotto and a lemon herb butter</i>	<i>£15.95</i>
<i>Pork belly, fondant potato, chantenay carrots, tender stem broccoli and a cider & apple jus</i>	<i>£14.50</i>
<i>West country 8oz sirloin served with roasted tomato, onion rings, chunky chips and salad garnish</i>	<i>£19.95</i>
<i>Chicken supreme, a wild mushroom and tarragon sauce, creamy mash & tender stem broccoli</i> <i>£13.95</i>	
<i>Ale battered cod and chips with mushy peas and tartare sauce</i> <i>£12.95</i>	
<i>Gnocchi baked in a rich tomato sauce with mozzarella, pesto, garlic bread and salad</i>	<i>£ 9.50</i>
<i>Chicken, ham and leek pie with a puff pastry top, creamy mash and seasonal vegetables</i>	<i>£10.95</i>
<i>Please see our specials for today's fresh fish selection and the dishes of the day.....</i>	

BURGERS

Black bean, Monterey jack & jalapeno burger with guacamole & sour cream

Local butcher's double beef burger with smoky bacon and molten cheese

Lemon and herb marinated chicken breast with garlic mayonnaise

*all £13.95 served in ciabatta bread with lettuce & tomato, onion rings,
a side of fries & homemade coleslaw*

Sides

Chips £2 Fries £2 Garlic bread £3.50 Cheesy garlic bread £4.50 Salad / Vegetables £3 Onion rings £3

DESSERTS

<i>Warm ginger sponge pudding with Tennacott Farm vanilla ice cream</i>	<i>£ 5.95</i>
<i>Viennese mince pie and cinnamon icecream</i>	<i>£ 4.25</i>
<i>Gooey chocolate brownie and Tennacott Farm vanilla ice cream</i>	<i>£ 6.45</i>
<i>Sweet and sticky marmalade treacle tart with clotted cream</i>	<i>£ 5.45</i>
<i>Italian passionfruit sorbet (GF)</i>	<i>£ 4.00</i>
<i>Please ask your server for the dessert of the day</i>	

SANDWICHES AND BAGUETTES served from 12pm – 2.30pm

Hot roast pork and apple sauce baguette

Baked mozzarella, tomato and pesto baguette

Hand battered fish finger sandwich with tartar sauce on white or brown bread

Cold smoked trout and horseradish crème fraiche on white or brown bread

All £8.00 and served with a salad garnish and fries

WHAT'S ON...

FISH AND CHIP TUESDAY'S... please ask to see a copy of the menu

*CURRY THURSDAYS... Three authentic curries to choose from,
menu varies each week*

SUNDAY ROAST... a choice of two traditional roasts

LOYALTY CARD... Collect yours from the bar

*CHRISTMAS PARTY ... Pick up a menu,
great for a works do or a family & friends get together*